

Influenza: What you Need to Know



Your Health Matters

Westfield Regional Health Department

425 East Broad Street, Westfield, NJ 07090

P. 908-789-4070

www.westfieldnj.gov/health

Have influenza-related questions? The CDC has [posted answers](#) by topic. Click the image below to read them.



Prevent Seasonal Flu

The best way to prevent seasonal flu is to get vaccinated every year. [This page](#) has resources to help answer your questions about the flu vaccine.

Everything you Need to Know about Influenza

From [prevention and flu activity to symptoms and treatment](#), click the image on the right to find everything you need to know about flu.

