



# Anthony Signorello Youth Center Department of Recreation

Fall 2021

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Director

234 Chestnut Street

Roselle Park

## Overview

The Anthony Signorello Youth Center, under the auspices of the Borough of Roselle Park, is the hub of our community's youth. As part of the town's effort to meet the needs of this demographic and expand community services, our objectives will be inclusive of (but not limited to) afterschool programs, homework assistance, transportation from Sherman and Aldene elementary schools, and recreational sports and activities.

## Goals

1. Simplify registration through an online portal/platform.
2. Provide a wide range of sports, events, activities and professional supervision at a nominal cost for our community's families.
3. Specifically design recreational play, tutoring, arts, crafts, video & board games, computers, science fun, parks, sports programs, and more based on need and enrollment.
4. Utilize our recently renovated facilities as well as incorporate usage of various parks, playgrounds, and Roselle Park Board of Education buildings and grounds.
5. Open lines of communication with our local families through RP BOE School system messaging platforms and other media outlets offered by both the school district and borough.

## Membership

### Annual Membership Fee - \$25

- Membership gives you access to the available programs listed below as well as special events including (but not limited to):
  - Dances
  - Rec Play Nights
  - Special Needs Day Program
  - Digital Gaming Tournament
  - 4-Squares Tournament
  - 3v3 Basketball Tournament
  - Kickball Tournament

## Program Rates & Fees

### 1. Homework Club

- This program will take place at the ASYC building and operate from 3pm-6pm daily (on full school days only per the RPSD calendar). If schools are closed due to inclement weather, ASYC is also closed. Prices are per person/child on an annual basis. Children will be provided homework assistance and need-based project help. Upon completion of academic work, children will then be able to utilize the game room, media center, and gymnasium in a supervised setting. \*Registration will close after a 70 person enrollment.
  - \$250pp - Individual
  - \$225pp - Family (3 or more)
- If your family qualifies for free or reduced lunch through the Roselle Park School District, prices are as follows:
  - \$125pp - Individual
  - \$100pp - Family (3 or more)

### 2. Aftercare

- This program will take place at the ASYC building and operate from 3pm-6pm daily (on full school days only per the RPSD calendar). If schools are closed due to inclement weather, ASYC is also closed. Prices are per person/child on an annual basis. Children will be able to utilize the game room, media center, and gymnasium in a supervised setting. \*Registration will close after a 60 person enrollment.
  - \$150pp - Individual
  - \$125pp - Family (3 or more)
- If your family qualifies for free or reduced lunch through the Roselle Park School District, prices are as follows:
  - \$75pp - Individual
  - \$50pp - Family (3 or more)

### 3. Transportation

- Limited transportation to the ASYC building (via The Borough of Roselle Park) will be available from Sherman and Aldene schools ONLY for children enrolled in Homework Club and/or Aftercare. Prices are per person/child annually:
  - \$100pp - Individual
  - \$75pp - Family (3 or more)
- If your family qualifies for free or reduced lunch through the Roselle Park School District, prices are as follows:
  - \$50pp - Individual
  - \$25pp - Family (3 or more)

## 4. Fitness & Training Center

This program is offered to children grades 3 through 8 and is guided by the Bigger Faster Stronger strength and conditioning initiative. Bigger Faster Stronger is the most popular strength & conditioning program in athletics across the nation. In fact, more than 9,000 middle and high schools have implemented the BFS program. This program will utilize the most effective strength and fitness training techniques and exercises using both bodyweight and developmentally appropriate fitness equipment. Furthermore, athletes will also enhance their speed, agility and running technique through specific drills.

- Prices are per person/child on an annual basis:
  - \$40pp - Individual
  - \$35pp - Family (3 or more)
- Gear/Athletic Wear Pricing:
  - \$12 - T-Shirt
  - \$15 - Tank Top
  - \$16 - Shorts
- Each member will be placed into developmentally appropriate groups in order to maximize each athlete's potential, provide the most opportunities for challenge and success, and maintain safety for all members. Our fall training program will consist of 8 weeks from September – November (once per week) in the ASYC building and/or RPHS.
- The strength & conditioning development is dependent upon the quality of the training sessions. 4 simple standards set for the program must be maintained:
  1. Be on Time
  2. Properly Equipped
  3. Demonstrate Proper Technique
  4. Train with a Purpose